

PK KB WV 26: Session: 2: COACH evaluation sheet for TEAM: MZK

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: DE SAEDELEER Jodie HEADCOACH

Coaches: MOERMAN Helena

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 9: 200M BUTTERFLY MEN 13+ Heat:1, starttime: 14:00

Heat: 1/2 Lane : 1 Athlete: DERVAUX ARNOUT						Q-time: 03:36:33	
PB (25m pool): 03:45.70 leper 05/01/2025			PB (50m pool): 03:36.33 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5
PB		00:47.78		01:44.88		no time	03:45.70
	00:47.78		00:57.10				
							

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+ Heat:1, starttime: 14:08

Heat: 1/12 Lane : 3 Athlete: TANGHE MARIT						Q-time: 01:37:54	
PB (25m pool): no time			PB (50m pool): 01:37.54 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		no time		no time			
	no time						
							

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+ Heat:2, starttime: 14:10

Heat: 2/12 Lane : 0 Athlete: DUBOIS ERIN						Q-time: 01:26:62	
PB (25m pool): 01:44.43 Diksmuide 09/03/2025			PB (50m pool): 01:26.62 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M			
PB		00:46.07		01:44.43			
	00:46.07		00:58.36				
							

Coach feedback:

PK KB WV 26: Session: 2: COACH evaluation sheet for TEAM: MZK

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:14
Heat: 4/12 Lane : 1 Athlete: DERVAUX ELLA					Q-time: 01:14:19
PB (25m pool): 01:24.10 Nijlen 16/11/2025					PB (50m pool): 01:14.19 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.97		01:24.10	
	00:39.97		00:44.13		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:19
Heat: 7/12 Lane : 6 Athlete: DECOMBLE LIZE					Q-time: 01:08:15
PB (25m pool): 01:08.15 Zwevegem 31/05/2026					PB (50m pool): 01:09.00 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.33		01:08.15	
	00:33.33		00:34.82		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:19
Heat: 7/12 Lane : 8 Athlete: MEURISSE KYANA					Q-time: 01:09:03
PB (25m pool): 01:09.03 Ieper 05/01/2025					PB (50m pool): 01:11.04 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.21		01:09.03	
	00:33.21		00:35.82		
					

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:2, starttime: 14:33	
Heat: 2/11 Lane : 6 Athlete: DHONDT MATTHIAS							Q-time: 03:19:28	
PB (25m pool): 03:19.28 Menen 01/05/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.65		no time		no time		03:19.28
	00:44.65							
								

Coach feedback:

PK KB WV 26: Session: 2: COACH evaluation sheet for TEAM: MZK

Event number: 11: 200M MEDLEY MEN 11+							Heat:3, starttime: 14:37	
Heat: 3/11 Lane : 0 Athlete: VERPLANCKE BALDER							Q-time: 03:12:18	
PB (25m pool): 03:25.01 DIKSMUIDE 30/11/2025				PB (50m pool): 03:12.18SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.33		01:42.83		02:40.97		03:25.01
	00:49.33		00:53.50		00:58.14		00:44.04	
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:3, starttime: 14:37	
Heat: 3/11 Lane : 9 Athlete: POOT RUBE							Q-time: 03:12:44	
PB (25m pool): 03:12.64 Menen 01/05/2025				PB (50m pool): 03:12.44 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.83		no time		no time		03:12.64
	00:44.83							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:4, starttime: 14:41	
Heat: 4/11 Lane : 3 Athlete: DECOCK NAND							Q-time: 03:00:05	
PB (25m pool): 03:14.70 LAGO Zwevegem 09/06/2025				PB (50m pool): 03:00.05 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.21		01:34.43		02:29.97		03:14.70
	00:44.21		00:50.22		00:55.54		00:44.73	
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:4, starttime: 14:41	
Heat: 4/11 Lane : 6 Athlete: VANMAELSAEKE LEON							Q-time: 03:00:10	
PB (25m pool): 03:19.95 Diksmuide 12/10/2025				PB (50m pool): 03:00.10 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.83		01:35.44		02:35.41		03:19.95
	00:43.83		00:51.61		00:59.97		00:44.54	
								

Coach feedback:

PK KB WV 26: Session: 2: COACH evaluation sheet for TEAM: MZK

Event number: 13: 200M BACKSTROKE MEN 13+							Heat:1, starttime: 15:41	
Heat: 1/4 Lane : 6 Athlete: TANGHE BATIS							Q-time: 02:54:50	
PB (25m pool): 03:00.57 LEUVEN 21/12/2025				PB (50m pool): 02:54.50SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.47		01:30.78		02:17.11		03:00.57
	00:44.47		00:46.31		00:46.33		00:43.46	
								

Coach feedback:

Event number: 13: 200M BACKSTROKE MEN 13+							Heat:2, starttime: 15:45	
Heat: 2/4 Lane : 1 Athlete: RIGOLE MAURO							Q-time: 02:47:53	
PB (25m pool): no time			PB (50m pool): 02:47.53SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+							Heat:2, starttime: 16:15	
Heat: 2/9 Lane : 5 Athlete: VERPLANCKE BALDER							Q-time: 00:42:78	
PB (25m pool): 00:49.49 DIKSMUIDE 30/11/2025							PB (50m pool): 00:42.78 SB: no time	
	2 5 M		5 0 M					
PB			00:49.49					
	00:49.49							
								

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+							Heat:4, starttime: 16:18	
Heat: 4/9 Lane : 1 Athlete: POOT RUBE							Q-time: 00:39:17	
PB (25m pool): 00:42.09 Diksmuide 12/10/2025							PB (50m pool): 00:39.17 SB: no time	
	2 5 M		5 0 M					
PB			00:42.09					
			00:42.09					
								

Coach feedback:

PK KB WV 26: Session: 2: COACH evaluation sheet for TEAM: MZK

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 16:18
Heat: 4/9 Lane : 3 Athlete: DECOCK NAND			Q-time: 00:37:82
PB (25m pool): 00:41.01 Temse 17/11/2025			PB (50m pool): 00:37.82 SB: no time
	2 5 M	5 0 M	
PB		00:41.01	
		00:41.01	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 16:18
Heat: 4/9 Lane : 6 Athlete: VANMAELSAEKE LEON			Q-time: 00:37:90
PB (25m pool): 00:41.91 Menen 01/05/2025			PB (50m pool): 00:37.90 SB: no time
	2 5 M	5 0 M	
PB		00:41.91	
		00:41.91	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 16:20
Heat: 6/9 Lane : 2 Athlete: DERVAUX ARNOUT			Q-time: 00:33:31
PB (25m pool): 00:33.53 LAGO Zwevegem 25/05/2026			PB (50m pool): 00:33.31 SB: no time
	2 5 M	5 0 M	
PB		00:33.53	
		00:33.53	
			

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+			Heat:2, starttime: 16:26
Heat: 2/3 Lane : 2 Athlete: MEURISSE KYANA			Q-time: 00:36:11
PB (25m pool): 00:35.97 Nijlen 17/11/2024			PB (50m pool): 00:37.50 SB: no time
	2 5 M	5 0 M	
PB		00:35.97	
		00:35.97	
			

Coach feedback:

PK KB WV 26: Session: 2: COACH evaluation sheet for TEAM: MZK

Event number: 17: 4x50M FREESTYLE MEN 11+							Heat:1, starttime: 16:50	
Heat: 1/2 Lane : 5 Athlete: TEAM MZK 1							Q-time: 02:13:54	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 18: 4x50M FREESTYLE WOMEN 11+							Heat:2, starttime: 16:59	
Heat: 2/2 Lane : 9 Athlete: TEAM MZK 1							Q-time: 02:14:03	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: